



*Healing hearts
transforming lives*

BIBLICAL HEALING

A Weekly Biblical Healing Newsletter

| NO. 09/09

Even after acknowledging the scriptures that necessitate forgiveness, receivers might still struggle with unforgiveness. Those in this state must seek help from counselors who are well trained in deep level healing, whose intercession, love, patience and ability to confront this issue as encouraged by the Holy Spirit will lead the receiver to release themselves from the bondage of unforgiveness.

First and foremost we need the empowerment of the Holy Spirit. Those who struggle with forgiveness need more than a simple prayer. They need to call on the enabling power of the Holy Spirit to help that person do what he could not do on his own. He himself also needs the Holy Spirit's help. He must be made to remember what Jesus said on the cross and what Philip his disciple said at the point of death "Father, forgive them, for they know not what they do."

Compelling the receiver to forgive is not a solution. To attain breakthrough, receiver must be led to ponder over the price that Jesus has paid for him or her personally to receive forgiveness. Like Jesus, we must ask the receiver if he has never sinned or offended anyone. What he would others do to him, he needs to do to others. Jesus confronted the Jews with this question "Those who have not sinned, you can stone her" (Mary Magdalene who carries seven demons with her and is a prostitute).

People who are exposed to sexual, physical or severe verbal abuse find it more difficult to forgive. It takes the receiver to go through numerous painful events before he can let go of the blame, hate and thoughts of vengeance. It takes time for God's healing to enter his heart. No deeply hurt person is ready to begin the forgiveness process by looking at the hurts of his offender. This compassion usually comes later as the forgiveness and healing process works deeper into the receiver's life.

Do not be ignorant of Satanic devices (2 Cor 2:10-11). It always pays to decide to forgive others. If we do not forgive, we will easily fall into one of Satan's traps and allow him to outwit us. This caused an open door for demonic oppression.

The compelling love of Christ will empower us to forgive others for hurting us.

I have seen many being set free from chronic diseases as they forgive others. So it is better to forgive than to harbour hatred, bitterness or even thoughts of vengeance.

... No deeply hurt person is ready to begin the forgiveness process by looking at the hurts of his offender.

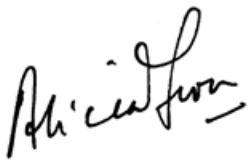
Prayer

Father, You have made it clear in the scriptures that I need to forgive the offender. You also desire the healing and freedom for me through forgiveness. So today, I have decided to forgive all who have set me up to sin against you and all who have hurt me. I now choose to release them, each and everyone. I let go of judgements against them and I let go of all punishments for them whom I have harboured in my heart all these weeks/months/years. I turn all the hurts and unforgiveness to You.

Holy Spirit I thank You for working forgiveness into my life, for giving me the grace I need to forgive and for continuing to enable me to forgive in Jesus Name Amen!

In the next few newsletters we shall learn the process of forgiveness.

Blessings,



Rev Alicia Teo
Elisha Missions

Contact Information

Office: +65 6341 5587

Mobile: +65 9115 4075

Email: elishamissions@yahoo.com.sg

Website: www.cityoftruth.org

Address: Hock Seng Building, 5th Floor
Breakthrough Centre,
114 Lavender Street
Singapore 338729