



*Healing hearts
transforming lives*

BIBLICAL HEALING

A Weekly Biblical Healing Newsletter

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In our last newsletter, we gave some scriptures that reinforces Jesus' command to forgive others for the hurtful events. By now, you would have read the scriptures on forgiving others. The first major hindrance to forgiving others is people's ignorance to the scriptures that necessitate forgiveness because they are new believers or because their churches do not teach on forgiving others.

Other hindrances

(a) One must make a decision to forgive and to ask God to help him or her to forgive.

(b) Some find it difficult to forgive when the offence is so overwhelming and devastating. They know they have to forgive but because the offence was so overwhelming, that they find it difficult to forgive. In my ministry to the nations, I have experienced people who are adamant not to forgive the person responsible for the offence. For such a situation, forgiveness takes time and it also requires God's grace. If they are compelled to forgive, it is an exercise in futility. It is like a person who is compelled to give his or her life to Jesus. There is no conviction of conversion.

(c) Some do not want to forgive because the offense is so severe that he does not want the offender to go scot free. Forgiving others does not mean that the offence is ignored. On the contrary, it does not release the offender from blame. Some fear that if they forgive, the minister will expect them to be healed and they know they won't be. They don't want the pressure of expectations that they cannot fulfill. Some fear that if they forgive they will be in a vulnerable position to the one who has offended them. They feel they would lose a sense of protective power because thoughts of vengeance generate power.

(d) Some insisted that there is no unforgiveness in their part but actually there still are as revealed by the Holy Spirit. In such circumstance, the receiver must be led to ask the Holy Spirit if he or she has forgiven everyone who has offended him or her.

(e) Some feel that by unforgiving and holding the anger over the offender, they have power over the offender. In this way, they will not be a victim to the offender any more. Unfortunately this is not in accordance with God's word. God requires us to be empowered by the Holy Spirit and not to harbour unforgiveness.

(f) We need to discern a spirit of unforgiveness which tends to pass down to the family lines. The entire family can be bitter and unforgiving if we still harbour unforgiveness. If this spirit is in operation, during ministry time the minister must proceed with deliverance so that it is easier for the receiver to forgive.

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(g) Demons of control often promote confusion and strife within a family through continual defensive reactions. Fears, and feelings of inadequacy and shame hinder the forgiving process. The controlling spirits are normally the religious spirits that need to be cast out so that the receiver is free to forgive.

(h) Unforgiveness hinder our walk with God and block our intimacy with Him.

(i) Unforgiveness is disobeying God's word. Disobedience subject us to curses.

(j) Unforgiveness makes us miserable and cause the whole environment to be hostile, which is unhealthy.

(k) Unforgiveness leads to hatred and bitterness which over the years become a root and takes time to uproot.

Forgiving others brings relief to both parties. Capture the anointing of forgiving so that the place will be a better place to live. Fellowship and communion are uttermost in God's heart and He requires us to live harmoniously and joyfully. Offences are inevitable sometimes especially if the receiver is overly sensitive and has not received inner healing of their past hurts or childhood trauma. God's favour and grace simplify the forgiving process.

If you can't remember all the scriptures on forgiveness, at least remember these two scriptures:

Mt 6:14-15

"If you forgive men when they sin against you, God will also forgive you."

Mt 18:35

"You will be turned over to the tormentors if you do not forgive from your heart."

So forgiveness is a heart issue. Forgiving others brings healing and happiness to the heart and a cheerful heart brings healing to the soul.

In our next newsletter, we will bring you to a journey of forgiving others.

Blessings,



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